



Kaya Idalangin

Prayer Leaflet for Vocations

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**COME
BACK!
RETURN TO
YOUR GOD!**

HOSEA 14:1-3

"The Return of the Prodigal Son"
by Rembrandt

KAYA IDALANGIN LENTEN IDEAS

Hello *Kaya Idalangin* friends! We've hooked up into some nice Lenten ideas from Youth Specialties (www.youthspecialties.com), which we may use as our practice during this Lent. You may add some simple ideas. What matters is that through this Lent, we are moved to increase more in prayer, penance, and charity to our neighbors.

RECITE A
BIBLE VERSE
OR PRAYER



take
1 LESS SELFIE
a week



LEAVE A POST-IT WITH
A KIND THOUGHT
IN EVERY BATHROOM
YOU VISIT

TURN OFF
your phone when you're
with your family

ONLY CHECK YOUR PHONE
3X/DAY

TIP 30%
ANY TIME YOU GO OUT TO EAT

GO ONE DAY A WEEK
WITHOUT ANY
MAKE-UP OR HAIR PRODUCT



USE YOUR **INSTAGRAM**
TO TAKE PICTURES OF
PEOPLE YOU LOVE &
ARE GRATEFUL FOR

ADORATION FOR VOCATIONS: GROWTH IN FOLLOWING JESUS

Introduction: In the First Sunday of Lent, we meditate on the Temptation of Jesus, who rebuked the devil by putting forward the primacy of doing the will of God. Meanwhile, the prayer of the Church for this coming Sunday is centered on asking the Father's help, so that, as we begin the observance of Lent, we may grow in understanding the riches hidden in Jesus Christ. For in Christ, we find our true identity as Christians: to know, love, and serve the Lord. Let us pray, in this Adoration for Vocations, that we may constantly learn to follow God's will by looking at Jesus, who obeyed His Father.

Opening Eucharistic Hymn

Eucharistic Greetings (to be repeated three times)

Leader: O Sacrament most holy,
 O Sacrament divine...

All: All praise and all thanksgiving,
 be every moment thine!

Leader: Glory to the Father...

All: As it was in the beginning...

Leader: Send, O Lord...

All: Holy Apostles into Your Church!

Spiritual Communion (p. 8)

Personal Adoration; Moments of Prayerful Silence

Gospel Reading - Matthew 4:1-11

Then Jesus was led by the Spirit into the desert to be tempted by the devil. He fasted for forty days and forty nights, and afterwards he was hungry. The tempter approached and said to him, "If you are the Son of God, command that these stones become loaves of bread." He said in reply, "It is written: 'One does not live by bread alone, but by every word that comes forth from the mouth of God.'" Then the devil took him to the holy city, and made him stand on the parapet of the temple, and said to him, "If you are the Son of God, throw yourself down. For it is written: 'He will command his angels concerning you' and 'with their hands they will support you, lest you dash your foot against a stone.'" Jesus answered him, "Again it is written, 'You shall not put the Lord, your God, to the test.'" Then the devil took him up to a very high mountain, and showed him all the kingdoms of the world in their magnificence, and he said to him, "All these I shall give to you, if you will prostrate

yourself and worship me." At this, Jesus said to him, "Get away, Satan! It is written: 'The Lord, your God, shall you worship and him alone shall you serve.'" Then the devil left him and, behold, angels came and ministered to him.

Homily (Priest/Deacon) or Personal Reflection

Reflection Song

Community Prayer:

Guide: *Let us kneel and pray together.*

All: Most sweet Jesus, you have travelled the dusty roads of Palestine sowing your words of pardon and peace, smiling with your eyes full of the infinite; you have healed so many unhappy poor people, bringing heaven to them; you have especially wanted to give our very own life for souls, immolating yourself on the cross. Enkindle in us the flame of your zeal. You have called us near to you so that we may accomplish your very mission. Many souls are waiting for us. They are waiting for our sanctity! If we are inflamed by your zeal, they will become holy. If we do not reach the level of sanctity which you require from us, they too will remain imperfect. We are not alone in coming to you, behind us there are other souls whom we do not know and whom we must also guide. Let our hands be like yours, wide open to them. Inflamm our hearts with the flame of your love. Make us see your face in the face of others. Amen.

Pause for Silent Prayer

Guide: Let us now pray the prayer Jesus taught us:

OUR FATHER... (to be sung)

Benediction and Divine Praises for Vocations (p. 8)

Concluding Hymn

Suggested Activity:

1. Look for some Lenten Ideas which our present issue suggested on Page 2. Get only one (1) resolution and use it to practice for the whole Lenten Season.
2. Visit any Perpetual Adoration Chapel for one (1) hour any time during the Lenten Season.

ADORATION FOR VOCATIONS: ACCEPTING JESUS, THE WORD

Introduction: Our second Sunday of Lent ushers us to meditate on the importance of listening to Jesus, the Word-made-flesh, the Son who "has pleased the Father." By listening to Jesus, we are also accepting God in our lives. By allowing Jesus to speak into our lives, we are welcoming the presence of God in our lives. By welcoming the presence of God, we allow Him to transform us and letting us becoming configured to His Son Jesus. May we, as Christians, take to heart the importance of listening to Jesus, so that our lifestyle and decisions may always please the Father. The prayer of the Church for this second Sunday of Lent also asks the Father to grant us the grace to be nourished inwardly by the Word, so that we may glorify God in our lives, just as what our Church Father, St. Irenaeus of Lyons, exclaimed, "the glory of God is man fully alive." As we pray for more holy vocations through this Eucharistic Adoration, and in allowing Jesus to speak in our lives, may we, too, be empowered by the Holy Spirit to proclaim Jesus, the Word-made-flesh, the effective transformer of lives and of creation.

Opening Eucharistic Hymn

Eucharistic Greetings (repeat three times)

Leader: O Sacrament most holy,
 O Sacrament divine...

All: All praise and all thanksgiving,
be every moment thine!

Leader: Glory to the Father...

All: As it was in the beginning...

Leader: Send, O Lord...

All: Holy Apostles into Your Church!

Spiritual Communion (p. 8)

Personal Adoration; Prayerful Silence

Gospel Reading - Matthew 17:1-9

After six days Jesus took Peter, James, and John his brother, and led them up a high mountain by themselves. And he was transfigured before them; his face shone like the sun and his clothes became white as light. And behold, Moses and Elijah appeared to them, conversing with him. Then Peter said to Jesus in reply, "Lord, it is good that we are here. If you wish, I will make three tents here, one for you, one for Moses, and one for Elijah." While he was still speaking, behold, a bright cloud cast a shadow over them, then from the cloud came a voice that said, "This is my beloved Son, with whom I am well pleased; listen to him." When the disciples heard this, they fell prostrate and were very much afraid. But Jesus came and touched them, saying, "Rise,

and do not be afraid." And when the disciples raised their eyes, they saw no one else but Jesus alone. As they were coming down from the mountain, Jesus charged them, "Do not tell the vision to anyone until the Son of Man has been raised from the dead."

Responsory (Inspired by Psalm 119)

Guide: Let us pray together to accept God's will in our lives. *Our response is:*

Resp.: God, I gladly accept your will
and purpose for my will.

1. God, I ardently want to please you, to walk in your ways and carry out your purpose. There is nothing as important to me as being in the center of your will, living within your design for my life. (R.)

2. How can I live a life that is pleasing to you Lord? My instincts are earth-bound. The passing delights of this life strongly tempt me. My burning desire and desperate attempts to please you are frustrated by the many enemies of my soul. (R.)

3. You do forgive me when I fail O Lord, and you put me upon my feet again. You have promised to strengthen me and to sustain me in my daily conflicts. (R.)

4. Now I pray for wisdom to discern your will and for the grace to carry it out in the difficult days ahead of me. (R.)

5. I love you, God, and I gladly accept your will and purpose for my life. Bless me now and guide me, grant me the grace to walk within that will and purpose and have the joy of knowing that I am pleasing to you. (R.)

Short Pause (Kneeling)

Guide: At the Savior's command and formed by divine teaching, we dare to say:

OUR FATHER... (to be sung)

Benediction; Divine Praises (p. 8)

Concluding Hymn

Suggested Activity:

Make a good and sincere Confession before receiving the Sacrament of the Eucharist. Offer your holy Communion for the forgiveness of sins in the world today. Visit the Blessed Sacrament and meditate on the "Transfiguration of Jesus."

ADORATION FOR VOCATIONS: LIFTED UP BY GOD'S MERCY

Introduction: St. Hannibal Mary Di Francia once said that "priests do not rise by chance, do not form themselves; but come from Divine Mercy who creates them, generates them and gives them to the world." This enriches our understanding of the Gospel this coming third Sunday of Lent. Here, we see Jesus with his conversation with the Samaritan woman. Gradually, the woman was able to see that Jesus is indeed the Son of God, the new Temple where the right and true worship belongs, and the unquenchable water that leads to eternal life. Holy vocations are living presences of Jesus, the fount of eternal life. When we ask for more holy vocations, we ask for living images of Jesus in our difficult times. We need to depend on God's mercy more than just our efforts, especially when it comes to fostering vocations. Like the Samaritan woman, we have to allow Jesus, the Divine Mercy, to enter into our lives. Rightly the prayer of the Church this upcoming Sunday implores the Father to let our consciences be opened towards His mercy, the fount of eternal life. Let us pray in this Adoration for Vocations that we may be open to the mercy of God, and ask God to produce vocations according to his divine mercy.

Opening Eucharistic Hymn

Eucharistic Greetings (repeat three times)

Leader: O Sacrament most holy,
O Sacrament divine...

All: All praise and all thanksgiving,
be every moment thine!

Leader: Glory to the Father...

All: As it was in the beginning...

Leader: Send, O Lord...

All: Holy Apostles into Your Church!

Spiritual Communion (p. 8)

Personal Adoration; Prayerful Silence

Gospel Reading - John 4:5-42

Homily or Personal Reflection (Silence)

Community Prayer:

Guide: Let us kneel and pray this responsory in two groups. This is our Community Prayer.

Left Side: Most compassionate heart of Jesus kindly hear our prayer: we ask of you a great and immense mercy for the Church and for the salvation of souls. Send holy Priests!

Right Side: Seeing the tired and exhausted

crowds like sheep without a shepherd you said: "The harvest is plentiful, but the laborers are few! Pray therefore the Lord of the harvest that he may send workers into his harvest."

L: You are the Lord of the harvest; you are the mystical Gardener who sanctifies the vineyard of souls with your Blood. You have formed the Church as a flowering field in which you gather the flowers of holy virtues and the fruits of good works.

R: Most sweet Jesus, you hunger and thirst for souls but your Heart is saddened for lack of good laborers. People remain in the darkness of sin, so many souls perish, youth and children look for those who may save them and thus lead them to you.

L: Lord Jesus, make your call heard by many ardent and generous young people to make them your followers and ministers. You are provident and loving; grant to those whom you call the means of good success and the grace of holy perseverance. May they correspond to the holy calling and be the salt of the earth and the light of the world, holy ministers and dispensers of the mysteries of God.

R: Send true pastors of souls working according to your Heart who are full of your Holy Spirit. May they have a heart detached from earthly things. May they be far from every personal interest, full of zeal for your glory and the salvation of souls. Form, Lord, an army of holy priests who give the shining and exceptional testimony that the world cannot be transfigured and offered to God without the spirit of the beatitudes.

All: Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now and will be forever. Amen.

Benediction; Divine Praises for Vocations (p. 8)

Concluding Hymn

Suggested Activity:

Meditate on this prayer of the Church: "O God, author of every mercy and of all goodness, who in fasting, prayer and almsgiving have shown us a remedy for sin, look graciously on this confession of our lowliness, that we, who are bowed down by our conscience, may always be lifted up by your mercy. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen."

ADORATION FOR VOCATIONS: THE CALL TO BE RECONCILED

Introduction: Our fourth Sunday of Lent calls us to meditate on God's plan of salvation for us to be reconciled with Him. The life and ministry of Jesus Christ was meant to bring us closer to the Father. By being the Word-made-flesh, Jesus redeemed and reconciled humanity to the Father. Part of his redeeming act is to let man realize his vocation to be reunited with the Father. The man born blind in the Gospel this coming Sunday speaks of his growth to believe that Jesus is the Son of God, the Savior of humanity. For every sign that Jesus makes is meant to bring man to believe that He is the Son of God. Our vocation, therefore, is to let our lives be reconciled with the Father, and recognize the saving power of Jesus Christ in our lives. Let us pray in this Adoration for Vocations, asking the Lord to open our hearts to be reconciled to Him. May holy vocations be ministers of reconciliation, and become witnesses of Jesus' ever-welcoming call to repentance and conversion.

Opening Eucharistic Hymn

Eucharistic Greetings (to be repeated three times)

Leader: O Sacrament most holy,
O Sacrament divine...

All: All praise and all thanksgiving,
be every moment thine!

Leader: Glory to the Father...

All: As it was in the beginning...

Leader: Send, O Lord...

All: Holy Apostles into Your Church!

Spiritual Communion (p. 8)

Personal Adoration; Moments of Prayerful Silence

Gospel Reading - John 9:1-41

Responsory:

Guide: Through Jesus, in the one Spirit,
we can be reconciled with the Father.
Let us ask Jesus to hear our prayers and
send holy vocations who are servants of
reconciliation and communion.

Resp.: Send holy Priests.

Guide:

- Jesus, in the populous metropolis.
- Jesus, in the regions of the unbelievers.
- Jesus, for the salvation of sinners.
- Jesus, for the safety of endangered innocence
- Jesus, for the reform of the youth in difficulty
- Jesus, for the safety of the endangered virginity
- Jesus, to preserve everyone from errors
- Jesus, to the comfort and help of the afflicted
- Jesus, to those suffering with depression
- Jesus, for the destruction of Satan's kingdom
- Jesus, for the building of Your Kingdom
- Jesus, for the sanctification of every soul

- Jesus, for the sanctification of every priest
- Jesus, for the sanctification of every religious
- Jesus, for the sanctification of every lay person
- Jesus, for the sanctification of every politician
- Jesus, for the growth of the Church's ministries
- Jesus, for the growth of the dioceses
- Jesus, for the growth of the parishes
- Jesus, for the growth of every baptized
- Jesus, without much delay
- Mary, Queen and Mother of the Rogate

Short Pause (Kneeling)

Community Prayer:

Guide: Let us pray together.

All: Lord Jesus, present in the Most Blessed Sacrament, You are our Hope for our reconciliation with the Father, our Peace, our mediator, brother and friend. Our heart is full of joy and hope knowing that you live "always to make intercession for us." With you, our hope becomes a trust, a Paschal joy, and a swift road to our Father. We want to see things as you do and to value things as you value them. You are the center, the beginning and the end of all. Strengthened by this hope, we want to bring this set of evangelical values to the world in which the first place in the heart and the attitudes of the real life belong to God and to his saving gifts. Believing, hoping and loving we adore you with simple attitudes of presence, silence, and waiting, which also intend to be a reparation, as a response to your words, "Wait here and watch with me." You overcome the poverty of our thoughts, feelings and words; therefore, we want to learn to adore by an awesome contemplation of your Mystery, loving it as it is and being silent with the silence of a friend and the presence of self-giving. Help us to be your missionary Church which knows how to meditate, adoring and loving your Word, transforming it into life and communicating it to all our brothers and sisters. Amen.

Guide: At the Savior's command and formed by divine teaching, we dare to say:

OUR FATHER... (to be sung)

Benediction and Divine Praises for Vocations (p. 8)

Concluding Hymn

Suggested Activities:

Try to fulfill one of the Lenten ideas presented on page 2. Offer your Holy Communion for the forgiveness of sins, and reconciliation of communities. Offer the intention of the Holy Rosary for the reconciliation of broken families. Ask your Parish Community to organize a Penitential service in your community.

ADORATION FOR VOCATIONS: WITNESSING IN CHARITY

Introduction: In the fifth Sunday of Lent, a week before we contemplate the highest and greatest mystery of our faith, we are called to glance upon Jesus himself, who is the resurrection and life. The sign of the raising of Lazarus, which led Martha to believe that Jesus is the resurrection and the life, should also lead us to orient our lives to Jesus. Without Jesus, there is no life. Outside Jesus, there is only darkness and death. Rightly, the prayer of the Church this Sunday implores the Father that our discipleship in Jesus may lead us to walk in charity according to what He offered and suffered. In this Adoration for Vocations, may we increase in charity that is patterned after the suffering and death of Jesus. For in being patterned after Jesus, there is sure hope for resurrection and life. May our lives proclaim Jesus, the source of life, as we implore the Father to send us ministers who are instruments of charity, selfless self-giving love, ready to “lay down their lives for their friends.”

Opening Eucharistic Hymn

Eucharistic Greetings (repeat three times)

Leader: O Sacrament most holy,
O Sacrament divine...

All: All praise and all thanksgiving,
be every moment thine!

Leader: Glory to the Father...

All: As it was in the beginning...

Leader: Send, O Lord...

All: Holy Apostles into Your Church!

Spiritual Communion (p. 8)

Personal Adoration; Prayerful Silence

Gospel Reading - John 11:1-45

Homily or Personal Reflection (Silence)

Community Prayer:

Guide: *Let us kneel.* Father of mercy, turn your merciful eyes on us who pray to you. Look at the needs of men created and redeemed by your love, now they are suffering because of sin and the countless crosses of life, as we say and implore: Come to our help, Father!

1. Lord, you have sent your apostles in every region of the earth that they may bring the good news to all peoples; look how until now your Word awaits to be announced to millions

of people. Arouse in your Church, generous souls who are ready to make known the good news of salvation in words and deeds. We pray.

2. Lord Jesus, you have prayed that your Church may remain united. Look at the many divisions among us. Convert our hearts to a profound sentiment of unity and peace. We pray.

3. Lord, you provide for the numerous needs of our brothers and sisters by calling many strong souls committed in teaching catechism, in assisting the sick, in human upliftment. Grant that all those who work for your Kingdom respond generously to your call. We pray.

4. Lord Jesus, you have saved us by your Cross, and you invite us to follow you by carrying our own crosses. Grant that those who suffer in body and spirit may accept their suffering with love as precious instrument of salvation. We pray.

ALL: Almighty Father, Lord of the harvest, in the course of the centuries you deign to call and send throughout the world men and women who offered themselves for your Kingdom. You have raised patriarchs and prophets, you prepared the birth of your Son Jesus, calling Mary, the Virgin of Nazareth, to be united with Him in the work of redemption. In the footsteps of the Apostles, you have called innumerable pastors who offered their own lives for the flock entrusted to them. Even today, raise new apostles in your Church. Owner of the harvest, send holy workers to your harvest. Amen.

Benediction; Divine Praises for Vocations (page 8)

Concluding Hymn

Suggested Activity:

Participate on the Way of the Cross, and other communal penitential service organized by your community or your Parish. Abstain from your favorite fruit, and instead buy some to give those in need. Donate some goods to the victims of the Taal Volcano eruption in Batangas. Post in Facebook (or in any social media platform) any Gospel passage that speaks about selfless self-giving love.



PRAYERS FOR THE ADORATION FOR VOCATIONS

SPIRITUAL COMMUNION:

O my Jesus, I believe that you are present in the most Blessed Sacrament. I love you above all things and I receive you into my soul. Since I cannot now receive you sacramentally, come to me spiritually. I welcome you and unite myself entirely with you. Do not permit me ever to be separated from you. Jesus, I believe in you, I hope in you, and I love you.

BENEDICTION (TANTUM ERGO) - LATIN:

Tantum ergo Sacramentum
Veneremur cernui:
Et antiquum documentum
Novo cedat ritui:
Præstet fides supplementum
Sensuum defectui.
Genitori, Genitoque
Laus et iubilatio,
Salus, honor, virtus quoque
Sit et benedictio:
Procedenti ab utroque
Compar sit laudatio. Amen.

P: Panem de cælo præstitisti eis...

R: Omne delectamentum in se habentem

Oremus: Deus, qui nobis sub sacramento mirabili, passionis tuæ memoriam reliquisti: tribue, quæsumus, ita nos corporis et sanguinis tui sacra mysteria venerari, ut redemptionis tuæ fructum in nobis iugiter sentiamus. Qui vivis et regnas in sæcula sæculorum.

R: Amen.

BENEDICTION (TANTUM ERGO) - ENGLISH:

Down in adoration falling,
Lo! the sacred Host we hail,
Lo! o'er ancient forms departing
Newer rites of grace prevail;
Faith for all defects supplying,
Where the feeble senses fail.
To the Everlasting Father,
And the Son Who reigns on high
With the Holy Spirit proceeding
Forth from Each eternally,
Be salvation, honour, blessing,
Might, and endless majesty. Amen.

P: Thou hast given them bread from heaven.

R: Having within it all sweetness.

Let us pray: O God, who in this wonderful Sacrament left us a memorial of Thy Passion: grant, we implore Thee, that we may so venerate the sacred mysteries of Thy Body and Blood, as always to be conscious of the fruit of Thy Redemption. Thou who livest and reignest forever and ever.

R: Amen.

DIVINE PRAISES FOR VOCATIONS:

Blessed be God, Author of Vocations.

Blessed be the Name of the Lord of the Harvest.

Blessed be Jesus Christ the Compassionate Lord.

Blessed be his Most Sacred Heart, the Merciful.

Blessed be His Most Precious Blood,
who washed our sins.

Blessed be Jesus in the Eucharist our spiritual food.

Blessed be the Holy Spirit,

Light of all those who are called.

Blessed be the Great Mother of God,
Mary Mother of Vocations.

Blessed be her Immaculate Conception,
the Model of all Priests.

Blessed be the Name of Mary,

Virgin and Mother of all Missionaries.

Blessed be her glorious Assumption,
intercessor upon all the Candidates
to the Consecrated life.

Blessed be St. Joseph,

Protector of the Universal Church.

Blessed be God, in His Holy Apostles
and Saints of the Church.



The Pope's Intention for MARCH 2020:

CATHOLICS IN CHINA:

We pray that the Church in China may persevere in its faithfulness to the Gospel and grow in unity.



The **Kaya Idalangin** is produced by the St. Hannibal Rogate Center to spread awareness to pray and work for holy vocations.

For copies of **Kaya Idalangin** issues, send us an email request at info@rogate.asia, call us at (02) 826-0002, or write to us at:

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St. Hannibal Mary Di Francia, pray for us!

Send, O Lord, Holy Apostles into Your Church!

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